

Rochester Institute of Technology, Rio de Janeiro, May 16 - May 24, 2023

Tue, May 16, 2023		welcome to Rio de Janeiro	day 1
morning	arrive in Rio de Janeiro meet ISP representative at the airport		own arrangements
	transfer to hotel, drop off luggage		bus transfer
noon	free time to explore ISP Recommendation: This is your opportunity to get familiar with the layout of the city! You could start by exploring the Saude neighborhood, which Time Out Magazine once called one of the coolest neighborhoods in the world. You can also easily kill some time at Jardim Botânico, where you can see the wide biodiversity of plant life in Brazil.		
	lunch: own arrangements		
afternoon	check in to hotel		
	transfer to welcome dinner		walk
evening	welcome dinner with traditional food and live Bossa Nova Enjoy a meal at the Beco das Garrafas, soak in the atmosphere, and discuss amongst your peers what you look forward to in the days to come!		restaurant

Wed, May 17, 2023		take in Corcovado	day 2
	breakfast		hotel
	free morning to relax and explore ISP Recommendation: For even more perfectly photogenic experiences, check out Escadaria Selaron, used famously in a Michael Jackson music video, or Pedra do Telegrafo for a gorgeous view. Of course, you should also check the schedule for Maracanã Stadium to try and see a futebol game!		
	lunch: own arrangements		
early afternoon	meet in lobby, transfer to Corcovado (duration approx. 40 min.)		bus full day
	cultural event: Parque Lage and Corcovado Welcome to the magnificent Parque Lage! This beautiful attraction features a sub-tropical landscape with hiking trails where you can find monkeys and other wildlife enjoying the nature. It is also home to a famous converted mansion which is now a café, art school, and gallery. Most significantly, this mansion sits at the foot of Corcovado mountain, where a twenty minute train ride will take you to the top to witness the awe-inspiring Christ the Redeemer statue, and an incredible view of the city.		
early evening	return to hotel (duration approx. 40 min.)		
	rest of day at leisure		

Thu, May 18, 2023		the climate movement	day 3
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	breakfast	hotel
	meet in lobby, depart for visits	bus full day
morning	<p>cultural event: Museu Histórico Nacional</p> <p>This museums exterior will stun you almost as much as its interior will! Walk with a local guide amongst the cannons in the courtyard, discover what life was like before the arrival of Portuguese settlers, and gain a deeper understanding for the historical context of Brazil up until this point.</p>	
	group lunch	
afternoon	<p>visit: understanding Brazil's climate movement <i>e.g. Centro Brasil No Clima</i></p> <p>Few issues have felt more pressing to the Brazilian population than that of the climate crisis. Situated within a dense forest, the people from Rio De Janeiro often can feel the effects more directly than much of the world. Today you'll speak with legendary climate think-tank Brasil No Clima to get an understanding of the history of Brazil's climate movement and where things are going.</p> <p>management presentation, discussion</p>	
	rest of day at leisure	

Fri, May 19, 2023	exploring Sugarloaf	day 4
	breakfast	hotel
morning	<p>free time to explore</p> <p>ISP Recommendation: If you are in need for some beach lounging, check out Ipanema and Copacabana for cool waves and hot sun! Catch some rays, do some people watching, and maybe even join a game of futevolei.</p>	
	transfer to Sugarloaf Mountain (duration approx. 30 min.)	bus half day
	lunch: own arrangements	
early afternoon	<p>cultural event: Sugarloaf Mountain</p> <p>Behold the famous Sugarloaf Mountain, named for its physical likeness to a sugarloaf. The outstanding view at the top will be even more striking when you remember that the drive to this mountain was shorter than most people's morning commute! Take in the scenery of the beaches, city, and Christ the redeemer, and enjoy shops, food, and drinks. On your way out you'll also get a view from Mureta da Urca, another famous viewpoint!</p>	
	transfer to dinner (duration approx. 30 min.)	bus transfer
evening	<p>dinner on the beach at Restaurante Vinícius</p> <p>Views of Impanema beach, delicious food, groovy Bossa Nova, and a meeting with the owner to learn about the restaurant's history. What more could you ask for?</p>	restaurant

Sat, May 20, 2023	sightseeing at the Twin Brothers	day 5
	breakfast	hotel
morning	meet in lobby, transfer to park (duration approx. 1 hr.)	bus half day

	<p>cultural event: Parque Natural Municipal Dois Irmãos</p> <p>An amazing feature of Rio de Janeiro is how many preserved natural landscapes exist within the city. The Two Brothers hike will be yet another moment where you will forget that you are in a city of about 7 million people! This hike sits above Ipanema beach and has 4 distinct lookout points, all of which offer something a little different. Venture up this hill with a guide who will inform you of the history of the park and explain what you are seeing at the lookouts.</p>	
	lunch: own arrangements	
afternoon	return to hotel (duration approx. 1 hr.)	
	rest of day at leisure	

Sun, May 21, 2023	the beauty of Leblon	day 6
	breakfast	hotel
morning	<p>cultural event: Mirante do Leblon</p> <p>Mirante do Leblon is another incredible lookout point in the South of the city. You'll take a relaxing stroll to it, connecting the dots of the various places you have visited along the way, and taking in the sights and sounds of Rio on a Sunday.</p>	walk
	lunch: own arrangements	
afternoon	<p>cultural event: Bike on Ciclovia Alfredo Sirkis, Sunset at Pedra do Arpoador</p> <p>Now that you are in the wonderful neighbourhood of Leblon, it is time to rent bikes and ride down the famous cycle trail, named after the late environmental journalist. Cycle along the coast until you reach Pedra do Arpoador, where you will get to lookout from a famous sunset point.</p>	cycle
	meet in the lobby & depart for dinner	walk
evening	<p>Bip Bip dinner</p> <p>It wouldn't be a dinner in Rio without music! Listen to some Samba, eat some delicious food, and enjoy your company!</p>	restaurant

Mon, May 22, 2023	what brings community together?	day 7
	breakfast	hotel
	meet in lobby, transfer for visits	bus full day
morning	<p>visit: the impact of community support</p> <p>e.g. Fundicao Progresso</p> <p>Fundição Progresso has been in operation for decades now, leaving its impact on Rio de Janeiro's culture and artistic scene by supporting artists through a model of open cultural expression. It is here that you'll find performances, workshops, and mentorships of all kinds to keep the community active and alive. Today you'll speak with a representative to learn how it started and why it continues to thrive.</p> <p>presentation, discussion, tour of facilities</p>	
	group lunch	

afternoon	<p>workshop: Capoeira workshop <i>e.g. Fundicao Progresso</i> <i>e.g. One Event</i></p> <p>Get a hands-on feel for how the Foundry make their impact on people by attending one of their workshops. Today you'll get an introduction to a form of Brazilian martial arts which incorporates elements of music, dance, spirituality, and acrobatics.</p>	
	<p>rest of day at leisure</p> <p>ISP Recommendation: If you are in need of dinner, the Bohemian neighbourhoods of Santa Teresa and Lapa are great places to start. Famous for its winding, narrow streets and magnificent mansions built in the 19th and early 20th century, you'll be overwhelmed with options for quality food and live music!</p>	

Tue, May 23, 2023		Rio de Janeiro's favelas and history	day 8
	breakfast		hotel
	meet in lobby, transfer to visit		bus full day
morning	<p>cultural event: Museu do Amanhã and Vais do Calongo</p> <p>Walk with a guide through the Museum of Tomorrow to learn more about how science and design can help us establish futuristic ecotopias. You'll also take a stroll through the historic Valongo Wharf to learn more about its story and significance to the Brazilian slave trade.</p>		
	group lunch		
early afternoon	<p>visit: a deep dive into favela politics <i>e.g. Observatorio de Favelas</i></p> <p>Today you'll meet with a significant NGO focusing on life in favelas. You'll learn about what life is like in the favelas, how the NGO is pressuring the city agenda to improve favela life, and gain an understanding of the history and politics of favelas in Rio de Janeiro.</p> <p>presentation, discussion</p>		
	free time to pack, relax, and explore		
	meet in lobby, depart for farewell dinner		bus transfer
evening	<p>farewell dinner with Samba music</p> <p>Welcome to Pedra do Sal Rio, also known as the birthplace of Samba! Listen to some lively music, enjoy a meal, and reminisce about the past week.</p>		restaurant

Wed, May 24, 2023		depart for USA	day 9
	breakfast		hotel
	meet in lobby, check out and transfer to airport		bus transfer
	depart for USA		own arrangements